

Spring Tonics at Pine Lake

March 23, 2019

10:00 AM to 12:00 PM



The Pine Lake SEED Panel invites you to join EcoAddendum and co-host Susan Edwards for a seasonal series of walks featuring the special qualities of some of our common plant friends. Susan will introduce us to the edible and medicinal qualities of some of our most common trees and “weeds” – some you may be surprised to find growing along a sidewalk, fence or in your own backyard.

Old timers knew the restorative value of the first green shoots of spring, such as Chickweed, Violets and Dandelion. We’ll show you how to identify these easy-to-get-to-know early spring greens and discover the many benefits they share. We’ll give an overview of many spring plants in our region’s ecosystem, and we’ll have the opportunity to taste some foods made from locally gathered spring-green starlets.



To register, visit ecoaddendum.org. Details and directions sent to registered participants. A donation of \$15 helps support our programs.